



# FRESH START

*Carlton House*

## CONTINENTAL

*Muffins: Morning Glory, Bran, Plain*  
*House Made Granola with Milk or Yogurt*  
*Croissant, Cinnamon Swirl, Custard Crown Danish*  
*Toast with Butter and Strawberry Preserves*  
*Assorted Yogurt Flavours*  
*Fruit Salad*

## HOT

*Oatmeal with Milk and Raw Sugar*  
*Two Eggs any style*  
*Sides: Bacon, Sausage Links, or Ham*  
*2 Egg Omelette*  
*Fillings: Ham, Peppers, Green Onion, Mushroom, Cheese*  
*Pancakes or Waffles with Maple Syrup*

## BEVERAGES

*Coffee - Regular or Decaf*  
*Selection of Teas*  
*Juice - Orange, Apple, Cranberry, Peach*